

Videos

[Isabel Harkins interviews Sheila Patel, M.D., Medical Director of the Chopra Center](#)

[Isabel's Beauty Blog Presents Lori Benson Before and After Makeup](#)

[Micro-Needling Procedure With Dr. Roger Tsai, MD](#)

[Dr. Roger Tsai, MD Presented By Isabel's Beauty Blog](#)

[Isabel Harkins Interviews Helene Anderson](#)

**Isabel Harkins interviews Tracy Griffiths
about Aroma Yoga**

**Isabel Harkins interviews Dr Hiroki
Takeda D.O.M.**

**Dr.Christi Alsop on lungs and fall
relationship (Traditional Chinese
Medicine)**

Robyn Benson of Santa Fe Soul

Acu4Trans Trailer