## **Videos**

Isabel Harkins interviews Sheila Patel, M.D., Medical Director of the Chopra Center

Isabel's Beauty Blog Presents Lori Benson Before and After Makeup

Micro-Needling Procedure With Dr. Roger Tsai, MD

Dr. Roger Tsai, MD Presented By Isabel's Beauty Blog

Isabel Harkins Interviews Helane Anderson

Isabel Harkins interviews Tracy Griffiths about Aroma Yoga

Isabel Harkins interviews Dr Hiroki Takeda D.O.M.

Dr.Christi Alsop on lungs and fall
relationship (Traditional Chinese
Medicine )

Robyn Benson of Santa Fe Soul

**Acu4Trans Trailer**