

Young Living Skin Care



A•R•T Beauty Masque and A•R•T Renewal Serum

The benefits of both of these products, and specifically the use of the orchid flower, are based on thousands of years of Chinese herbal medicine. It is believed that orchids have the ability to absorb and retain moisture and adapt well to many extreme environments. The longevity of the flowers is the key benefit that is utilized for skin care.

Orchid extracts are used for their intense moisturizing effect and for their ability to help delay senescence—or natural aging—by supporting the strength of the skin's main proteins.

Another valuable ingredient found in our A•R•T orchid line is Japanese knotweed—a polygonum that has been traditionally used for its wound healing properties and for its ability to support healthy skin and provide protection against the effects of free radicals. The Japanese use this plant in order to prepare a tea called Itadori, a word that means well-being. This and many other properties that may help generate

youthful-feeling and -looking skin are found in the A•R•T orchid line.



The effect of essential oils in both orchid products is very beneficial. Both blends—[Stress Away™](#) in the Beauty Masque and [Sensation™](#) in the Renewal Serum—provide calming and soothing not only to the skin but also to the psyche and our emotions.



Use A•R•T Renewal Serum after cleansing your face morning and night. Be sure to follow up with your favorite Young Living moisturizer. Incorporate the Beauty Masque a couple of times a week to help promote a younger, healthier-looking you.

Here's to your health,

Luba Vozarova, PhD—YL Sr. Portfolio Manager Personal Care



A·R·T® Skin Care System

A·R·T® Skin Care System- Age Refining Technology – is a superior concept in skin restoration that combines the advanced technology of DNA recovery enzymes with a proprietary anti-aging Peptide Complex to reduce the look of fine lines and wrinkles, diminish age spots, even skin tone, and increase the elasticity and density of skin. Recognizing the incredible power of essential oils, Young Living added frankincense and sandalwood to this unique formula to reinforce DNA renewal. Add the legendary wolfberry seed oil, known for its superior moisturizing and skin conditioning properties, and you have the formula for a truly unique and effective skin care system.

A·R·T Skin Care System includes Day Activator (30 ml), Night Reconstructor (30 ml), Gentle Foaming Cleanser (100 ml), and an instructional booklet



Young Living's ART Gentle Foaming Cleanser

Young Living's A·R·T® Gentle Foaming Cleanser cleans the skin without irritation or dryness and contains no harsh astringents. Its powerful foaming action gently lifts and captures makeup and oils, leaving the skin feeling clean, hydrated, and soft.

How to Use

Splash face with warm water. Dispense and lather a small amount of cleanser from pump. With wet hands, massage gently over face. Rinse thoroughly. To be used twice daily for a refreshing cleanse in the morning and a thorough cleansing at night. Suitable for all skin types. For maximum benefit, immediately apply Day Activator in the morning and Night Reconstructor in the evening to freshly cleansed skin.

Ingredients

Contains gentle surfactants (made from corn and coconuts) that are emulsifiers, foam producers, and cleaning agents. These "surface active agents" also bridge the gap between oil and water in products: sodium lauroamphoacetate and sodium methyl cocoyl taurate. Also contains skin-supporting essential oils of frankincense (*Boswellia carteri*), sandalwood (*Santalum album*), melissa (*Melissa officinalis*) Lavender (*lavandula angusifolia*) and German chamomile (*Matricaria recutita*).

Natural vitamin E and green tea leaf extract provide antioxidant power as well.



ART Purifying Toner

A·R·T® Purifying Toner helps support cleansing by removing unwanted oil, dirt, and impurities that can accumulate on skin. This remarkable formula includes frankincense and sandalwood for their ability to revitalize skin, lemon and peppermint to cleanse and energize, and melissa and lavender to soothe and balance.

How to Use

After cleansing with the A·R·T® Gentle Foaming Cleanser, sweep Toner over face with a cotton ball. Can be used in the morning and again in the evening. For best results, apply the A·R·T® Day Activator or Night Reconstructor cream over the Toner.

Shake well before use. Suitable for all skin types. For external use only. Store in a cool, dry place.

Ingredients

Deionized water, SD alcohol 38-B, pentylene glycol, hamamelis virginiana (Witch Hazel) distillate extract, glycerin, boswellia carterii† (frankincense) oil , santalum album† (sandalwood) oil, citrus limon† (lemon) peel oil, camellia

oleifera leaf extract, vitis vinifera (grape) seed oil, lavandula angustifolia (lavender) extract, melissa officinalis leaf extract, aloe barbadensis leaf juice, retinyl palmitate, allantoin, polysorbate-20, mentha piperita (peppermint) oil.



ART Day Activator

An extraordinary day cream, the ART Day Activator contains the superior Photolyase enzyme that uses visible light on damaged DNA. This light-bodied, water-based face and neck cream absorbs quickly and is perfect for wearing underneath makeup and sunscreen

How to Use

Day Activator: Apply in the morning after cleansing. Using fingertips, massage a generous amount (usually two to four pumps) of Day Activator over face and neck regions as needed. Suitable for all skin types. For maximum benefit, Day Activator should be used with Young Living's Gentle Foaming Cleanser and Night Reconstructor Cream. Day Activator should be reapplied after prolonged sun exposure.

Caution: As with any cosmetic, if you are currently being

treated for any skin condition consult your medical professional before using.

For external use only. Store in a cool, dry place.

Ingredients

Day Activator: Deionized Water, Pentylene Glycol, Glycerin, Glyceryl Stearate, Betaine, Cetearyl Alcohol, Caprylic/Capric Triglycerides, Lycium Barbarum† Seed Oil, Meadowfoam Seed Oil And Shea Butter, Aloe Barbadensis Leaf Juice, Phenoxyethanol, Chlorphenesin, Xanthan Gum, Sodium Stearoyl Lactylate, Carbomer, Tetrahexyldecyl Ascorbate, Tocopheryl Acetate, Polysorbate 20, Squalane, Dimethicone, Benzoic Acid, Dipotassium Glycyrrhizinate, Sodium Hyaluronate, Camellia Oleifera Extract, Chamomilla Recutita† (Matricaria) Flower Oil, Retinyl Palmitate, Sodium PCA, Chlorella Vulgaris Extract, Algae Extract and Mugwort (Artemisia Vulgaris) Extract, Plankton Extract, Micrococcus Lysate, Palmitoyl Oligopeptide, Palmitoyl Tetrapeptide-3, Lecithin, Grape (Vitis Vinifera) Seed Extract, Santalum Album† (Sandalwood) Oil, and Boswellia Carteri† (Frankincense) Oil.



ART Night Reconstructor

Night Reconstructor is a powerful night recovery moisturizer that contains the unique endonuclease enzyme. This medium-bodied, water-based face and neck cream contains enhanced moisturizers for maximum hydration.

How to Use

Apply in the evening after cleansing and toning. Using fingertips massage a generous amount (2 to 4 pumps) of Night Reconstructor over face and neck regions as needed. Suitable for all skin types.

Caution: As with any cosmetic, if you are currently being treated for any skin condition consult your medical professional before using.

For external use only. Store in a cool, dry place.

Ingredients

Deionized water, pentylene glycol, glycerin, glyceryl stearate, betaine, lycium barbarium seed oil, cetearyl alcohol, meadowfoam seed oil and shea butter, aloe barbadensis leaf juice, phenoxyethanol, chlorophensin, xanthan gum, sodium stearoyl lactylate, carbomer, tetrahexyldecyl ascorbate, tocopheryl acetate, polysorbate 20, squalane, dimethicone,

benzoic acid, dipotassium glycyrrhizinate, sodium hyaluronate, camellia oleifera extract, chamomile recutita (matricaria)† oil, retinyl palmitate, sodium pca, chlorella vulgaris extract, algae extract and mugwort (artemisia vulgaris) extract, micrococcus lysate, palmitoyl oligopeptide, pamitoyl tetrapeptide-3, lecithin, grape (vitis vinifera) seed extract, santalum album (sandalwood)† oil, and boswellia carteri (frankincense)† oil.



Wolfberry Eye Cream

Wolfberry Eye Cream™ may be applied morning and evening to ease the appearance of puffiness and dark circles around the eyes, and to promote skin tightening. Wolfberry Eye Cream is formulated from oil that is carefully extracted from the seeds of the Ningxia wolfberry. Rich in vitamin E and linoleic acids, wolfberry oil has unusual chemistry that makes it ideal for nourishing and hydrating skin. It is highly regarded by Asian women for its regenerative properties and its ability to protect aging skin and add luster to skin tone.

To complement your skincare regimen, make sure you are giving your skin the nutrients it needs.

Try including these foods as part of your healthy diet:

- Carrots

Carrots are packed with vitamin A, which is good for clearing up breakouts. It helps reduce the overproduction of cells in the skin's outer layer where dead cells and sebum can clog pores. Add nibbling on half cup of carrots a day to your snack

routine and reap these benefits!

Possible substitution: One cup milk or one slice of cheddar cheese.

- Dark Chocolate

As if we needed another reason to eat chocolate! Flavonols, the antioxidants in dark chocolate, can reduce roughness in the skin and protect against sun damage. It only takes a few ounces a day to get this antioxidant in your system—what a sweet benefit!

Possible substitution: Blackberries, cherries, blueberries, or raspberries (although you would have to eat a large amount).

- Flaxseeds

These seeds contain omega-3 fatty acids, known to diminish age spots and erase fine lines. Consuming just over two grams (just a teaspoon) will help prevent irritation and redness in the skin as well as contribute to better hydration. Try just sprinkling a teaspoon over oatmeal or veggies to get your daily dose.

Possible substitution: Flaxseed oil (1 tablespoon with sautéed veggies), salmon (4 ounces), or walnuts (1 ounce or about 14 halves).

- Green Tea

When green tea is hot, it releases catechins, a type of antioxidant that has anti-inflammatory properties. These antioxidant powers fade as it cools, so drink it while it's hot. Only two cups a day will help cells' resilience to sun damage, and may even help reduce sun damage.

Possible substitute: White tea.

—Rebecca Jarvis

Product Manager, Essential Living

Epione of Beverly Hills

Doctor Simon Ourian

Epione of Beverly Hills



When I went to visit Dr Simon Ourian, I have already seen his work on several people and I was truly impressed, not only was the work so natural and well done it read integrity right away, the people were happy and most of all felt that they were treated with respect affection and true understanding of their personality and day to day needs.

WOW!! what a concept in the plastic and esthetic industry ,somebody that cares about your feelings and the way your parents and nature created you, not what he thought you should look like which is what happens so often. You can tell who has done the work, all the patients look similar with a signature that is not individual and it doesn't look like you any more, to say the least, many people looks deformed. No cutting, no dangerous Anesthesia and long term side effects!!!!

I went in his clinic and as soon as I entered it was an atmosphere of peace and beauty. The staff immediately assisted me, offered me tea and asked me if I wanted anything else when I waited. After a few minutes they took me back to a very comfortable room and when Dr Simon came in I instantly knew why people that I have talked to felt such affection for him, not only a very graceful handsome man with a lovely smile, what really touched me was his honest eyes and the humbleness with which he treated me. He listened to me, we talked first about the Authority Blog I created and he still listened without any interruption, he was very supportive and we talked about what he would do for me if I decided to do some work for the reasons I previously gave. I was always apprehensive to chase the Holy Grail especially going under anesthesia and so many other risks, well all of those fears disappeared once I met Dr Simon Ourian.

I definitely will have my friends and family try his work, as well as myself, and I wish for you to give Dr Simon Ourian a try .

When I research the name Epione I found that it came from Greek Mythology and it meant The Goddess of the soothing of pain. In fact her name actually means soothing, and that I personally guarantee you is how Dr Simon Ourian is.

Education: Dr. Simon Ourian obtained his undergraduate degree in Molecular Biology from CSU Northridge with high honors. He was then awarded his medical degree in 1994 from Wayne State University in Michigan. In late 1994, he started his residency training at UCLA, where he developed an interest in the field of laser and aesthetic surgery. He continued his post-graduate studies in a continuing medical education course given in August of 1997 and, again in August of 1998.

Company: In 1998, he and his brother, Dr. Bob Ourian, co-founded the Epione Laser Institute. Today, Epione, located in the heart of Beverly Hills, is one of the most comprehensive, state-of-the-art laser and aesthetic surgery centers in the world.

Dr. Simon Ourian has been instrumental in the development of several laser systems that are now utilized here in the Center and in leading medical facilities around the world. He has been featured many times in numerous national and international media. Dr. Simon Ourian holds memberships in the American Society for Laser Surgery & Medicine.



Doctor Simon Ourian's Epione is one of top Los Angeles cosmetic plastic surgery practices in the industry. Not only do they carry out and specialize in a lot of differentiating procedures, but they stay up to date with the newest technology and have even introduced several great techniques on the market that are absolutely safe and have already helped hundreds of patients.

People travel from far and wide to the famous Los Angeles cosmetic plastic surgery center for different reasons. Some people want to see a specific changes in their appearance while others want to look younger. Some people have had an accident in their life or were born with a physical flaw and develop a certain feeling which doesn't make them proud of

their body.

Before and After Photos



Before

After



Before

After



Before

After



Before

After

Look At These Uplifting Before And After [Facelift](#) Surgery Pictures

You look tired. Have these words become the bane of your life? Does your spouse say this to you? Do your friends? Or your children? Are you getting tired of being told that you “look tired”? Well you do not have to put up with it. Look at the **before and after pictures of [facelift](#) surgeries** above and find out what millions of women like yourself have discovered for themselves. There is a solution. You do not have to surrender to premature aging, you can take the fate of your physical appearance in your own hands just as the women in the before and after **facelift surgery** pictures above did.

Epione of Beverly Hills (Los Angeles) offers several unique laser skin treatment options to help [remove stretch marks](#) and get rid of an unwanted hair or a [tattoo – removal](#) treatment options include [Coolaser™ technique](#) and [Blue Light Therapy](#) sessions. We also help combat aging with an [eye lid surgery](#) to reduce bags and wrinkles, and our [mini face lift](#) is a popular choice to regain a youthful look. Read our articles for [More Information](#) or read our [cosmetic surgery testimonials](#).

[Epione Skin Care Products](#): Epione developed and offers an [Eye Creme](#), [Hydration Moisturizing Creme](#), [Signature Series Restoration Firm & Lift Creme](#), [Sunblock Creme](#), and carries [Allergan's LATISSE](#).



Epione Skin Care

In addition to offering the latest in aesthetic medicine and treatments, Dr. Ourian has created a Signature Series line of [skin care products](#). The genesis of the skin care line was Dr. Ourian's frustration, early on in his practice, with the availability of pharmaceutical grade products that he could recommend to his patients. Over the years, working together with several Los Angeles based laboratories, Dr. Ourian tested and perfected a line of products that could be sold over the counter. These products incorporate state of the art science, technology and ingredients.

The primary objective of the entire skin care line is to address sun damage, the number one reason our patients come to see us. Sun damage destroys skin tone and collagen resulting in discoloration and wrinkles and generally making people appear older. From the [SPF40 Sun Block Protect & Correct](#) to the [Correction](#) and [Restoration Firm & Lift](#) creams, the Signature Series line of products is designed to help prevent the occurrence, and remedy the results, of sun damage.

Epione is an advanced cosmetic medical center located in Beverly Hills, California. Beverly Hills is a fashionable residential area for show business personalities. In a city where the way you present yourself and your looks are very important, Epione receives a lot of credit from clients and their client's loved ones. Cosmetic surgery is becoming more and more common.

The Epione Los Angeles cosmetic plastic surgery center offers a huge range of [procedures](#) to their clients and they have the talented and licensed professionals on hand to perform them.

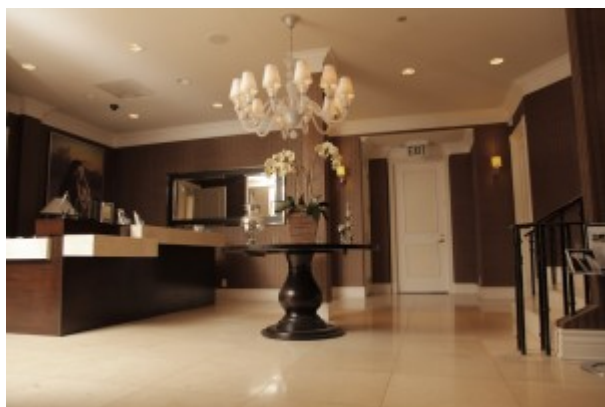
If you have problems with your [face](#) because of [acne](#), sun damage, loss of volume, [wrinkles](#), excessive hair or razor bumps, Epione, the Beverly Hills cosmetic plastic surgery clinic may have the solution. [Birthmarks](#), [brown spots](#) and [dark circles under the eyes](#) are also common reasons to have cosmetic surgery done. The Los Angeles cosmetic plastic surgery specialists of Epione can also give special attention to the lips and cheeks.

Furthermore, if you have [hair loss problems](#) Epione can help you by giving you a [Botox](#) injection which has a special formula. Epione of Beverly Hills also offers several unique laser skin treatment options to help [remove stretch marks](#) and tattoos. [Acne Scar Removal treatment](#) options include Coolaser and Blue Light Therapy sessions. We also help combat aging with an eyelid surgery or dermal fillers to reduce bags and wrinkles, and our mini face lift is a popular choice to regain a youthful look. Please feel free to browse through the articles on our site. You can also have a look at Epione's [cosmetic surgery testimonials](#) and the [before and after photos](#).

Technology has created amazing advances that were thought impossible just a decade ago. Our lifestyle changes, medical advances, and technological breakthroughs have enabled us to feel younger and more vital through middle age and beyond. Our appearance, however, frequently stifles our youthful spirit. This process of aging often begins in our thirties—well before the prime of our life!

In 1998 we envisioned a [cosmetic surgery center](#) where everyone could benefit from the most recent advances in aesthetic and

anti ageing medical technology. Epione was one of the first centers in California dedicated to the practice of aesthetic laser surgery. Through the years, this cosmetic surgery center has distinguished itself for excellence in clinical and technological advances pioneered by the doctors.



Today, Epione, located in the heart of Beverly Hills, is one of the most comprehensive, state of the art laser and aesthetic surgery centers of its kind in the world. Epione is designed to offer clients comfort, convenience and privacy. We have specialized in the most current technology available for [skin](#), [hair](#), and [body](#) contouring. Our staff is dedicated to providing our clients with the highest level of personal attention and care. We work as a team with you to restore or create the desired appearance.

Epione has been the site of exciting, innovative research projects designed to improve patient care and evaluate new technology. Physicians, surgeons, nurses and other health professionals strive to serve their patients with a combination of technical expertise and personal compassion. The physicians at the Center have been instrumental in development of several laser systems, which are now utilized here in the cosmetic surgery Center, and as well as leading medical facilities around the world.

Many people who come to Epione seek a specific change; others desire a more youthful appearance. Some are referred by physicians; many come to the Clinic on their own. All are

served by a dedicated staff of health care professionals. In fulfilling the mission of this organization, we strive to occupy a special and unique place in the hearts and minds of our patients.

Juice Beauty The Organic Solution



alicia silverstone
for
juice
BEAUTY®
THE ORGANIC SOLUTION™



Purely, Organically Gorgeous

Formulas... luscious, vegan, certified organic ingredients & power packed with antioxidants.

Packaging... takes sustainability and recycling to a new level, made with over 90% recycled materials (and can be recycled

again) & printed with soy ink.

Alicia is best known for her roles in Hollywood films such as Clueless and her portrayal of Batgirl in Batman & Robin and her bestselling book, The Kind Diet.

“Quick, easy and absolutely gorgeous, with none of the harsh chemicals found in other beauty products, Alicia Silverstone for Juice Beauty products make my skin feel happy, and will make any girl on the go feel glamorous, inside and out”

~ Alicia Silverstone



Complete Alicia Silverstone Collection

Set includes 5 full size products:

- 6 oz. Simply Pure Chamomile Cleanser
- 2 oz. Simply Nourishing Moisturizer
- .33 oz. Simply Flawless Pressed Powder

- .17 oz. Irresistible Glow Facial Highlighter
- .12 oz. Purely Kissable Lip Color

WHO SHOULD USE IT?

Juice Beauty's Alicia Silverstone Collection is designed for all skin types.

BENEFITS

Formulas... luscious, vegan, certified organic ingredients & power packed with antioxidants.

All About Alicia Silverstone New Juice Beauty Collection

ECOTOOLS® BY ALICIA SILVERSTONE

ECOTOOLS BY ALICIA SILVERSTONE BRUSH SET & BAG

Get organized in style with this double compartment cosmetic bag with room for both your EcoTools brushes and [cosmetic supplies](#)! Alicia chooses these eco brushes for a fresh complexion, rosy glow, and clean, natural look. There are also tips inside to achieve Alicia's natural look! The brushes feature bamboo handles, recycled aluminum ferrules and incredibly soft, cruelty-free taklon bristles. Stay kind to yourself and the earth, knowing this eco-friendly bag is made with natural hemp and cotton, has a recycled PET lining, and

the hangtag is printed on tree-free stone paper.



This set includes:

- Blush Brush
- Mini Foundation Brush
- Mini Powder Brush
- Detailed Eye Shading Brush
- Spoolie Brush

Camellia Oil



Camellia Oil

Skin Care Benefits

- Camellia oil can be used as an emollient for dry skin and may even help with acne. It is a light, easily absorbed oil that can be used as a moisturizer for dry, rough spots. The oil is said to help prevent and smooth wrinkles and stretch marks and heal scars. It is also used to strengthen and promote healthy growth of fingernails by massaging the oil into the nail.

Hair Care Benefits

- Supposedly geishas soaked their wooden combs in the oil overnight to help nourish the scalp and hair. You can buy camellia oil hair products with the oil as the main ingredient or you can use the pure oil as a hot oil treatment or a pomade. You can purchase pure camellia oil [online](#) or at many health food stores.

Misconceptions

Camellia oleifera may be confused with Camellia sinensis, from which green tea is derived. They are similar but from

different families of camellia. *Camellia oleifer* is the seed used for camellia oil. A combination of *sinensis* and *oleifer* is used at times in different products. Camellia oil is referred to as tea seed oil, which causes confusion with tea tree oil, which is from the leaves of *Melaleuca alternifolia*, a plant native to Australia that is not edible like camellia oil.