

# **The Power of Face Reading your face never lies Part 2**

Hello again, we hope you enjoy part one of The Power of Face Reading, your Face never lies. We are grateful for your visit and the likes and shares.

Here in part two week 316, we are continuing with parts of your face and samples of face mapping enjoy and if you want please contact us and let us know what you thought of the posts are.

## **Types of foreheads**





## **The straight forehead (The progressive thinker):**

This person follows a progressive style in his thinking; he can't jump to the third point without first knowing the

second. Sometimes he is misunderstood as a child and thought of as dumb, but in fact, he may be very intelligent; it's just his progressive style of thinking that needs to be taken into consideration. This person may not have the fastest reflex action response; if he drops something, he may not be able to catch it before it reaches the ground. He may have problems working under pressure as he needs more time to think progressively; that may make him lose control in the last ten minutes of exams.

## **The sloped forehead (The fast responder) :**

That person builds conclusions fast, to the extent that he may interrupt you many times when talking because he keeps on guessing what are you about to say. This person may get bored talking to someone with a straight forehead because of the speed difference between them. The response of such a person is very fast, and that's why you tend to find most football and basketball players with sloped foreheads, you're also most likely to notice how players with straight foreheads aren't that good because of their slow responses, and again I repeat, this is not related to intelligence at all. One final thing about such people is that they are fast decision-makers, which may cause them many problems.

## **The curved forehead (The creative) :**

This person is very creative, just notice how the forehead of those who study fine arts; you will notice how most of them have curved foreheads. That person would hate restrictions and

rules; he likes to use his imagination, and would probably hate math and accounting but excel in arts. When the forehead is curved and occupying a big section of the head, that person may tend to be very intelligent or even a genius. You'd be safe asking that person for help within need of a creative solution to any problem you're facing.

## Chin

### Pointed chin:

A person with a pointed chin is a stubborn person just like the one with long front teeth. Having both features tends to make the person very stubborn. He has a very fierce inner resistance that can be triggered by being pushed. When dealing with such a person, you must depend on your flexibility because pushing against him will yield no result.

### Square chin:

A square-chinned person is a challenger; he always challenges destiny by standing up tall upon falling, he never gives up until he reaches what he wants. He is usually very competitive and considers everything, even sports, as a challenge rather than look at the fun part of it. This person has the ability to point out the pros and cons of any issue, something that makes him a very good consultant and a debate over. To get along with him, avoid igniting his fighting spirit and take his opinions into considerations.

## The small chin:

Having a small chin is usually associated with having a pointed chin. In face reading, whenever the facial features are relatively smaller to those of normal people, then the person is a sensitive person. People with small chins and small facial features are very sensitive to criticism and overwhelming life events. Criticize those people and they will hate you, shout at them and they may not approach you again. In order to get along with a sensitive person try to be more nurturing than usual

## Cheek Bones

People with protruding cheekbones leave an impression of respect and presence. Protruding cheek bones, in face reading, represent courage and adventure loving. A person with protruding cheekbones never escapes a fight; he is full of courage and has fewer problems with the idea of taking risks or trying something new. He is not bound by a certain comfort zone or definite habits; he just follows his instincts and accepts new challenges. This person also loves to travel and explore new places.

## Facial Lines

We are not born with facial lines; they are developed in our lives. Lines can reflect a certain personality trait as we will see below:

## **Two vertical lines between the eyes:**

This person is very hard to himself, he rarely takes the time to celebrate his achievements; he may push himself to work until he falls down.

## **More than two vertical lines between the eyes:**

This person is usually very idealistic, he tends to be a perfectionist; he wants everything to be done perfectly and everything to be in its place. If that person is your manager, then you may be in deep trouble because meeting his perfectionism could be very hard.

## **Horizontal lines across the nose:**

Some people have horizontal lines crossing over the top of their nose. These people are overly responsible; probably have been given lots of responsibility when children. These people rarely think about having fun

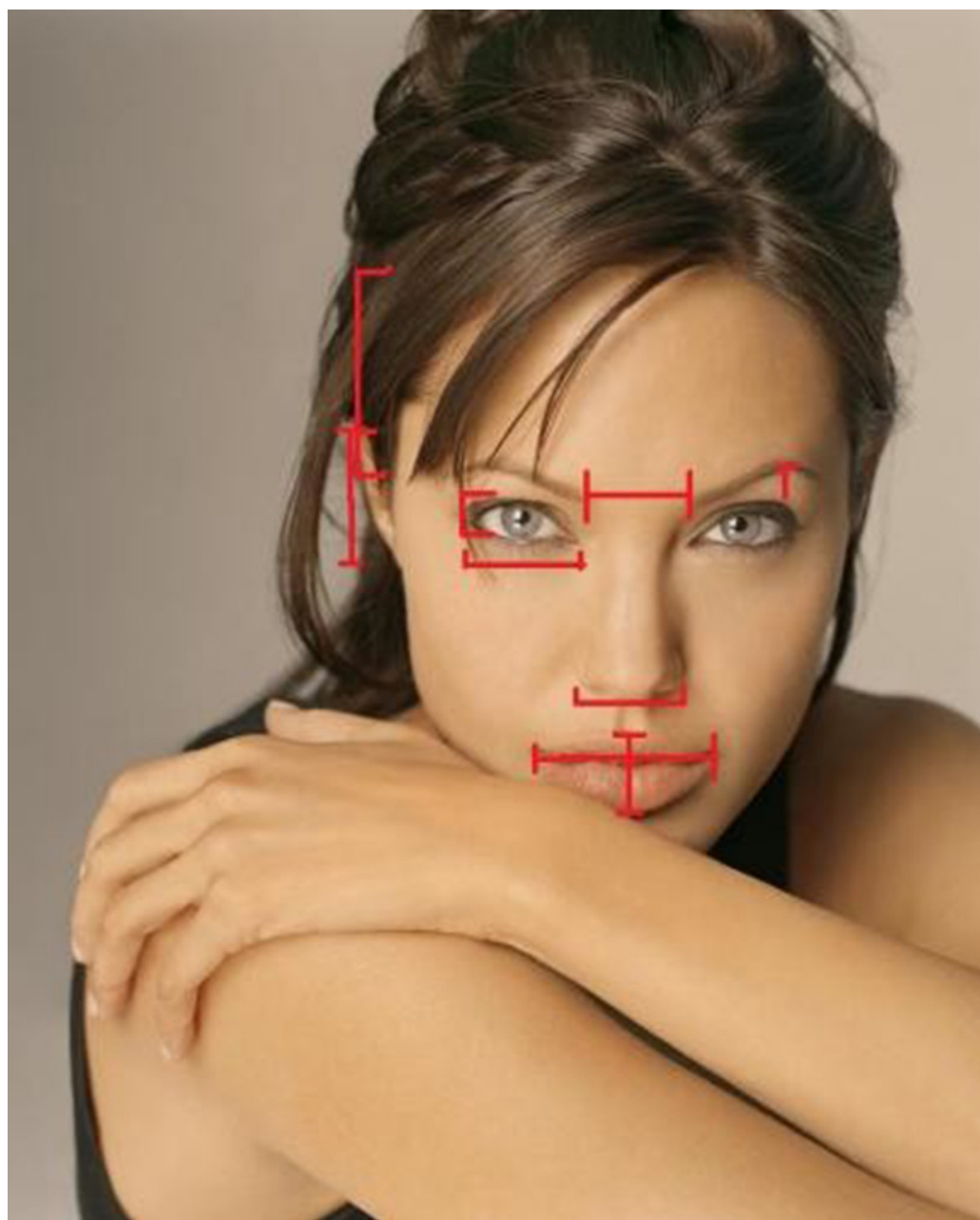
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## **Grief lines:**

Some people have two lines below their nose and on either side of their mouth. Those are called grief lines because they appear when that person is sad for prolonged periods; a loss of someone close may result in the appearance of these lines

**Balance and proportion are  
important in face reading**





Balance and proportion are important in face reading, as in Chinese paintings. There are needs for harmony between the mountains (the yang element, represented in the face by the bones) and the rivers, (the yin element which is the soft tissue). Although a face may be considered beautiful by society, in face reading terms it may be too yin (upturned nose, large wide mouth, eyes too far apart, thin eyebrows). Many models have this look. In our language we have many expressions to describe character traits: pay through the nose, two-faced, keeping one's nose clean, chinless wonder? We may have forgotten how these came into a language in the first place, the mouth relates to communication, and the chin signifies determination, ambition, and practicality among other traits. So, face reading can be used, sum up a person's energies, to get a health read-out, to assess character, fortune, and other attributes to help gain self-knowledge and to plan for good health.

There are numerous ways to read a face in Chinese physiognomy: 3 Quarters, 8 Trigrams, 108 Spots, examining the shapes, the colors, the wrinkles, and the moles, just to name a few. A master of face reader usually employs the combination of several techniques to gain multiple perspectives and perform cross-examination.

# WHAT YOUR SKIN IS TELLING YOU

## FOREHEAD (Poor digestive system)

Reduce high amounts of fat in diet  
Drink antioxidant-rich green tea  
Up water intake to flush toxins out  
Pin bangs up

## HAIRLINE (Hygiene)

Ensure complete removal of makeup  
Ensure scalp cleanliness  
Cease use of pore-clogging hair products  
Thoroughly rinse off traces of hair shampoo

## BETWEEN BROWS (Liver)

Avoid alcohol and dairy products  
Eat lighter foods  
Avoid late night snacks  
Check for food allergies

## ABOVE BROWS (Immunity)

Breakouts here during a cold.  
Take it easy, drink up and eat  
vitamin C-rich foods.

## EYES & EARS (Kidneys)

Acne and dark circles here can  
be caused by dehydration.  
Drink > 8 glasses of water a day  
Avoid caffeine and salt.

## CHEEKS (Lungs)

Take in fresh air with long and  
regular walks.  
Clean your cell phones and  
pillow cases

## BELOW CHEEKS (Hormones)

Due to hormonal imbalances and stress,  
especially during periods.  
There is little you can do for now except to  
hydrate, sleep and exercise.

## NOSE (Heart, Gastrointestinal issues)

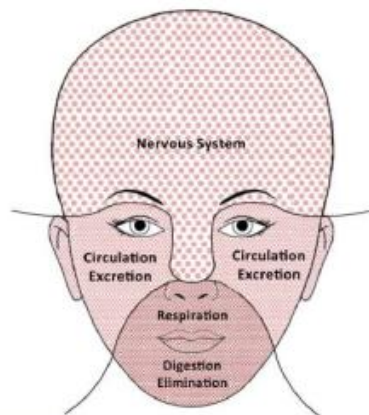
Many dilated pores that clog easily are here  
Keep clean  
Have more greens, nuts and Omega-rich  
fish to reduce high blood pressure.  
Avoid spicy, pungent foods, meat and salt.

## CHIN (Stomach)

Improve digestion by adding more fibre  
and detoxifying.  
Avoid late night snacking.



## Introduction to Topography of Internal Organs According to Chinese Medicine



© Chinese Medicine 2003  
Illustration: P. D. D. D.

We have 'topography' of the internal organs of the body mapped on the face. So, with this 'topography of the internal organs' on the face in mind, when we observe ourselves and other people, what do we look for?

The main feature we look for in any area of the face is **swelling and/or tightness**. Using the map of the face, wherever we see an area that is puffy and swollen, this signifies the organ corresponding to the area is swollen and enlarged, or "expanded". "Expanded" means that they are out of balance – tired, weak, inflamed, and affected by a pathogen or suffering from emotional or physical stress.

You may for example notice on the skin of the forehead of most people some horizontal lines, usually between three and seven. These are normal. However, if the lines on the forehead stand out prominently so as to be noticeable, this is an indication that the organs associated with this area are too expanded.

Another example: if we notice that the tip of the nose, which corresponds to the heart, is swollen and expanded, then this means the heart is swollen and expanded.

One area of the face that is important to note is that under the eyes. Looking closely at every human being under the eyes, you will notice a thin line etched in the skin drawn from the corner of the eye down and outward toward the periphery of the eye. The area above this line, between it and the eye itself, corresponds to the kidney - left eye, left

kidney, right eye, right kidney. Below this line is the area which corresponds to what is usually described as "general intestinal condition", underneath both eyes, below the line etched in the skin. Bags under the eyes indicate a large intestine (colon) problem, or kidney problems. The bags right under, straddling the lower eyelids are kidney bags, the ones below them are large intestine (colon) bags.

### COLOUR

### SIGNIFICANCE

black or grey	stagnation or stagnant water
green	toxicity or a sluggish liver that is not detoxifying
red	inflammation or an overactive heart or nervous system or trapped fire
yellow	putrefaction or things staying in the body too long, especially in the stomach
white	frozen or a lack of energy or poor exchange of air to the lungs

Also, if the liver is dealing with a pathogen, it can make a person more irritable or angry. Conversely, a person who is angry an irritable is much more likely to be affected by a pathogen.

**As you can see, the emotions and the functioning of the organs are intertwined.**

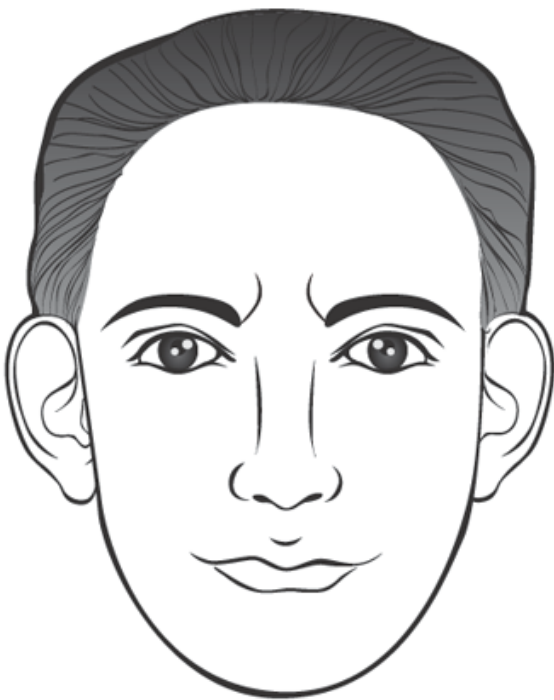
## Significance of Colours

The most commonly seen colours on the face are **black, red, and white**. Toxicity and putrefaction often are seen together as a yellow-green colour (like the colour of jaundice) but show up on the face less often because the liver is usually so good at detoxification.

When these colours show up in the areas correlated with each organ, they can signify either a physical or emotional problem. Distinguishing between the two can be accomplished only by questioning. For example, the area between the eyebrows is correlated to the liver. Redness in this area shows inflammation of the liver that can be caused by a pathogen or emotional irritation or anger. Either condition affects the liver.

One example of what lines on

# the face mean



## **Lines Locking the Life Palace**

This indicates a troubled and stressful life. Also, it suggests that the person might be at the crossroads of his or her career, or someone who thinks far too much. It can also indicate loneliness and being misunderstood by others.



## **Needle Piercing Through the Heavenly Heart**

This denotes loneliness in marriage, and is typically negative for married women. It indicates 'not having a husband' and that one will see one's husband and children infrequently. For males, it suggests isolation from the family.

**Following is a brief introduction  
to the 12 Houses method.**





## 1. Fortune House (Fude Gong)

It gives an overview of your general fortune trend. An ideal Fortune House should be round, full and smooth with no

visible marks, lines or scars. Flaws in these areas reflect challenges in your life, which can be in the form of poor health, distressful relationships or money troubles.

## 2. Parents House (Fumu Gong)

It is associated with Heaven Luck; in this regard, its state is quite a testimony to the situation that your parents were in

and your relationship with them. A forehead that is wide, round and shining speaks of a good family inheritance, a comfortable upbringing, and early achievement, while a small, bony or disfigured one illustrates an uneasy childhood.

## 3. Career House (Guanlu Gong)

Again, being broad, round and smooth is the basic criteria to identify a good Career House. If on the top of that, you also

have prominent cheekbones and protruding eyebrows, you shall have a great chance to achieve a great success in your chosen field.

## 4. House of Travel (Qianyi Gong)

If it is in any way disfigured with scars or deep lines, you might be better off staying put. Furthermore, jobs or businesses involving transportation, tourism or import/export



are, understandably, not your best choice.

## 5. Life House (Ming Gong)

The key to your fortune is deposited here. Naturally, being smooth and shiny is ideal, which suggests a trouble-free life journey. If it is receded, dimpled or scared, or there are permanent horizontal lines between the brows, or eyebrows meet in the middle, you may face a bumpy road ahead.

## 6. House of Siblings (Xiongdi Gong)

Eyebrows and the areas directly above them represent and it also oversees your relationship with your friends and colleagues. The state of your hair has a direct connection to the physical conditions of your parents at the time when you were conceived, which means it has a lot to do with your genetic make-ups. Brows that are dark, thick, long, smooth, orderly and located high above eyes indicate a healthy hormone level that gives rise to affection, calmness, and courage. If they look sparse, thin, pale, short, or chaotic, or too close to eyes, or marked with a scar, you could be tormented by your own physical or emotional states.

## 7. Assets House (Tianzhai Gong)

Your eyes portray your intelligence and temperament, and the very quality of these dispositions plays an important role in your asset acquisition endeavor. Good Asset Houses are constituted with eyes that are long with large pupils and clear whites, and up-eyelids that are broad and full. Recessed

or narrow eyelids exhibit impatience. If the whites are colored with red streaks, and worse, if the streaks pass through a pupil, you should brace yourself for challenges in reference to your financial concerns.

## **8. House of Marriage (Qiqie Gong)**

Being full and smooth in appearance indicates a happy marriage. A receded house, however, rings a bell on extra-marital affairs. If the area bears visible spots, scars, black moles or messy lines, your marriage could have challenges due to some unscrupulous conduct.

## **9. House of Children (Ernu Gong)**

This area is closely related to the cerebellum and also governs your love and sex life, so again, being full and round is better than being flat or receded. Dim moles or slant lines across the area are especially undesirable, suggesting some challenges regarding your own sex life or your children's future development.

## **10. Health House (Jie Going)**

If the House is broken or marked with horizontal lines, or if it is stained with spots, marks or discoloration, you shall pay extra attention to your health, especially your digestive system.

## 11. Wealth House (Caibo Gong)

A nose that has a high and straight bridge, big and round tip, full and fleshy wings, and invisible nostrils, not only indicates sound physical health, a positive mental attitude, also denotes success in career and abundance in wealth. On the other hand, a nose that is low, or crooked, pointed, or narrow, bony, or with a contoured bridge, upturned tip, visible nostrils, reveal a problematic personality, a troublesome financial situation or a difficult career path. If blood vessels are clearly visible or have a dim blue color tone the surface, pay attention to blood pressure and heart health. When a nose turns bloody red, which is dubbed Fire in Lounge in Chinese physiognomy, it should be viewed as a to the excessive warning sign.

## 12. Popularity House (Nupu Going)

This House rules your relationship with your colleagues, subordinates or younger generations, and foretells your situation in your old age. When they are round and full, you can expect to enjoy your popularity among your followers. But if it sharps off, or appears crooked or boney, you probably should reconsider your dream of being a politician. And what's more, you'd better prepare for self-support during old age.

Marks, spots, scars on, and even shapes of your face can change over time, meaning your fate can alter through the years. You can utilize your Man Power (your attitudes – good deeds, better learning, and hard work) and the Earth Power (your environment – favorable Feng Shui) to neutralize the Heaven Power (your time of birth – what you have inherited from your parents and your previous lives). Ultimately, you are the real creator of your own fate. When you change your heart, you change your face; when you change your face, you

change your fate.

**Here are some examples of  
Face reading**

# Let's do Face Reading



- Long & Thin Face
  - Tolerant, Stubborn, Hopeful & Hardworking
- Far Off Eyebrows
  - Broad-Mindedness, Easy-going & friendly
- Sparkling Eyes
  - Enthusiastic & Benevolent
- Manly Nose
  - Strong Character, Observing
- Professional Lips
  - Experienced & Tolerant

## Large Pupils

If a person looks at us with large pupils, this can often be evaluated as a sign of sympathy and admiration. In any case, large pupils are evidence of a positive basic trend. This is why they are also called the „lover's eyes“.



### Character Traits

#### Large pupils indicate

- keen intuition, spontaneity and making decisions based on a gut feeling
- strong emphasis on emotions
- inclination towards melancholy and (day)dreaming
- that the person tires more quickly; in addition, such people get excited more quickly and are more fearful than those with smaller pupils
- creative talent
- quicker access and an easier time in opening up to others

### NOTE

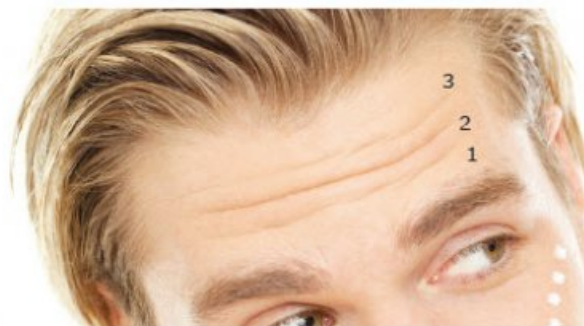
A great variety of thoughts and emotions can expand our pupils.

## Horizontal Forehead Wrinkles

People have a different number and various shapes of horizontal forehead wrinkles. Younger people sometimes also have hidden wrinkles that appear when they frown.

**Three main lines** are differentiated and associated with various areas of life.

- The bottommost main line symbolises the material level (1)
- The middle main line symbolises the self or the ego (2)
- The uppermost main line, which runs directly beneath the hairline, symbolises creativity and the spiritual or non-material level (3)



### Thickening of the Lower Lip's Edge

If the tissue beneath the lower lip is thickened like dough, this is called the thickening of the lower lip's edge. Such a thickening of the lower lip's edge usually means problems with the detoxification organs, especially the liver in this case. Above all, this can be due to the abuse of alcohol and tobacco or strain due to medications or foreign substances.

The following detoxification organs indicate by swellings in various places on the lower lip's edge when they are strained:

- The **gall bladder** causes a distinct swelling to the right and left of the middle.
- The **pancreas** causes a swelling in the middle.
- The **spleen** causes swelling on the outer corner of the lower lip's edges.

The swelling of tissue below the lower lip usually quickly goes away again, but action should be taken if this swelling **continues**.

When there are also pimples in the chin area in addition to a swelling on the lower lip's edge, the possibility of abdominal or genital diseases should be considered. Sore areas under the nostrils would also reinforce this diagnosis.





## People with dominant upper part

- indicates *intelligence* and a *logical approach* towards problem solving.
- Thus, people with dominant upper parts will be more interested in *fact* and *logical thinking* than others.
- A wide forehead shows that the person is intelligent but a small forehead *doesn't mean* that he is not.



## CHEEKS - happiness

- Round, full cheeks, sometimes hanging down in soft folds upon neck, show *gluttonous tendencies*.
- Dimples of the cheeks and chin are tokens of the *affectional nature* and denote the active passions of *amateness* and a *desire to please* and *attract the admiration* of others.
- Dimples near corners of mouth are evidences of *mirthfulness*, *love of fun* and *good humor* and *wit*.

### **Big and circular ear tops:**

mean you are especially clever and exceptionally savvy.

Ears that stand out have a place with exceptionally enthusiastic and physical individuals who are suited to working outside and not being limited to a work area.

Taking a look at celebrity appearances can likewise let us know a ton about big names and what they are truly like:

Gary Lineker -

ears that stand out - energetic and physical identity characteristics.

Victoria Beckham -

to a great degree little ears - demonstrates a touchy soul.

Terri Hatcher -

has magnificent symmetry in her face, especially with the situating of her ears, which demonstrates that she is fit for adjusting her expert, social and individual life splendidly.



# Large middle area



- You focus on prestige, reputation, luxury & quality
- You want to own and have the best
- You won't buy something because it's cheap
- If someone wants to sell you anything, they must convince you how it's going to increase your success
- Ambitious person and likes to have an authority and powerful status

# You can't tell if someone is lying by reading their facial expressions



Microexpressions, as defined by psychologist Paul Ekman (who coined the term "microexpression," basically wrote the book on the little bastards, and has been studying their use in detecting deception for going on half a century, now), are:

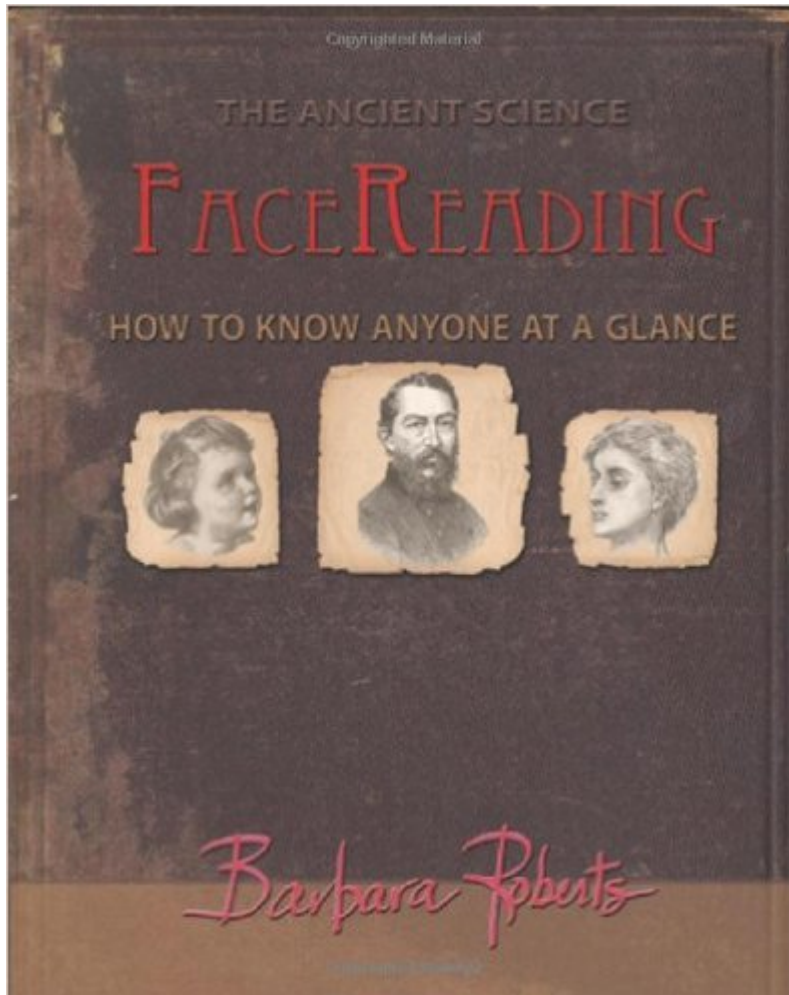
...very brief facial expressions, lasting between 1/25th and 1/15th of a second. They occur when a person either deliberately or unconsciously conceals an emotion being felt. Any one of the seven emotions found to have a universal signal may appear in a micro expression: anger, fear, sadness, disgust, contempt, surprise and happiness.

Microexpressions therefore fall under the umbrella of "body language" ("nonverbals," if you're one for parlance), and are distinguishable in that they refer explicitly to the face and specific situations in which they're likely to appear, viz. a situation where the emotion being felt is being either intentionally or unintentionally suppressed.

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**More Face Reading will come in  
future posts stay tuned**

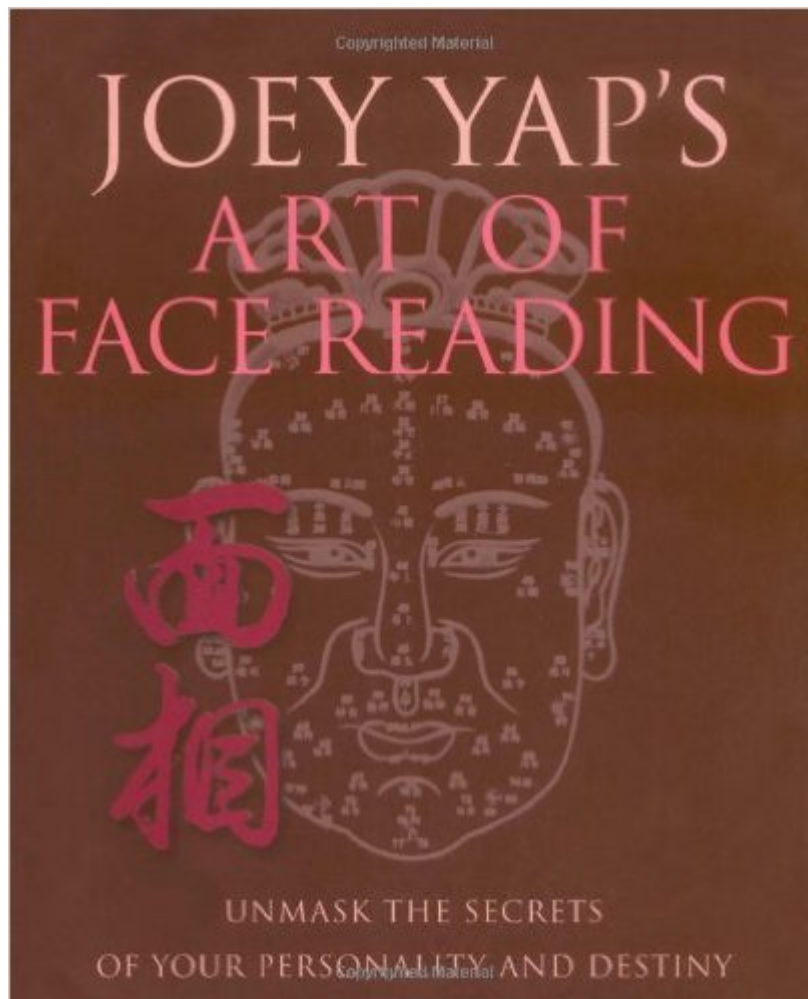


## Face Reading: How to Know Anyone at a Glance

FACE READING WILL HELP YOU – Choose the Career you were born to do. Read your Boss's face. – Protect your children by knowing Dangerous features in strangers – Hire Smart! Know how to choose people of Destiny. – Date safely on the Internet. Avoid mistakes! – Gain insight into your Health or illness by



using facial indicators. – Know the Secrets for effectively managing and business strategy – Learn psychological meanings for over 100 Facial Features

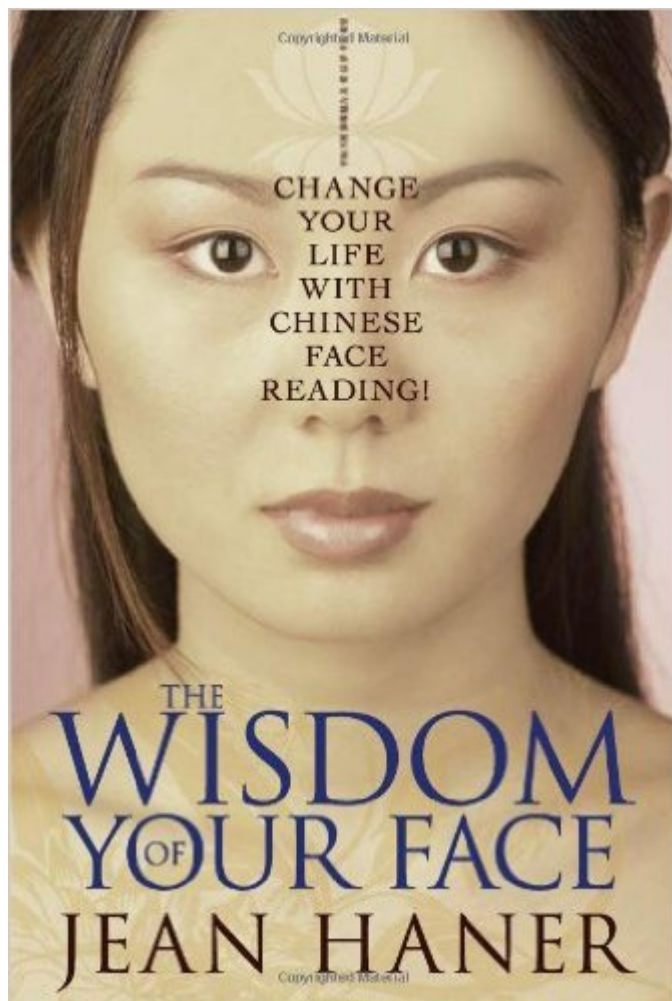


## Joey Yap's Art of Face Reading: Unmask the Secrets of Your Personality and Destiny

Chinese face-reading, or Mian Xiang, is a form of physiognomy,



or the observation of appearances. This ancient technique reveals not only a person's true character but also his or her fortune, luck, and talents. "Joey Yap's Art of Face-Reading" is a brilliant introduction to this powerfully accurate art. In this illuminating guide, bestselling author and master trainer Joey Yap explains how the face is essentially a map of our destiny and luck. With detailed illustrations, he presents the '100-year map' of the face or the 100 points that govern a person's fortune and luck from the age of 1 to 100. He also unlocks the areas of the face known as Officers and Palaces, which tell us about a person's character, future challenges, obstacles and talents in life – along with other facial features such as moles, which Joey explains how to identify and interpret. With this guide, you will learn to use face-reading to examine your own life stages and destiny, and those of others, at a glance.



## **The Wisdom of Your Face: Change Your Life with Chinese Face Reading!**

What if you could tell, just by looking at others, how they tend to think, feel, and behave? What if your partner's face revealed the best way to resolve any conflicts between you? And what if you could discover in your own face the wisdom that you need in order to be the best you-you can be?

Based on the same ancient foundation as acupuncture and Chinese medicine, face reading has been in the "research and development" phase for over 3,000 years. When translated to make it meaningful for our Western lives, it's a powerful source of wisdom that we can all access. Chinese face reading

shows you how to live your life in alignment with your own natural flow, find the life path that gives you joy, attract relationships that nurture you, and most of all, enable you to feel compassion for yourself and others. This book will forever change how you see yourself . . . and all the people in your life!

[Fire TV Stick with Alexa Voice Remote | Streaming Media Player](#)



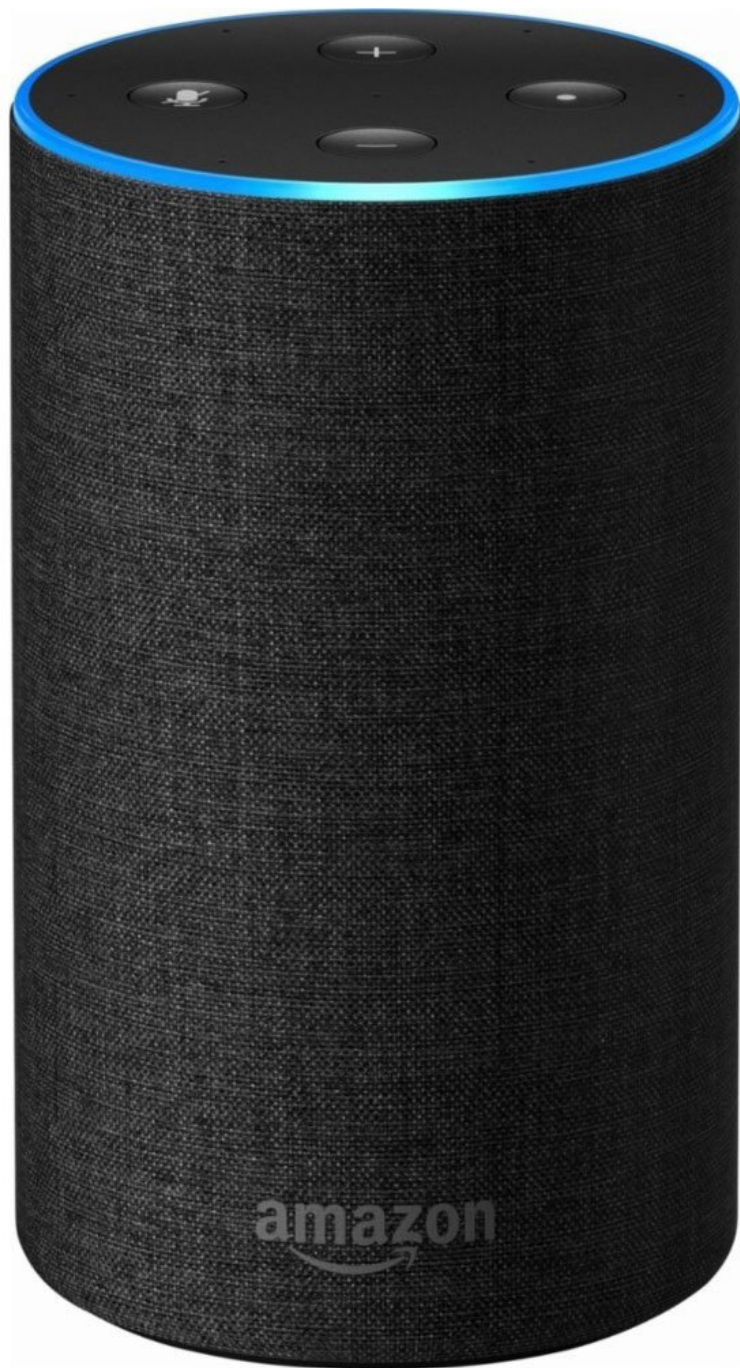




- The next generation of our bestselling Fire TV Stick—now with the Alexa Voice Remote.

- Enjoy tens of thousands of channels, apps, and Alexa skills with access to over 500,000 movies and TV episodes from Netflix, Prime Video, Hulu, HBO, SHOWTIME, NBC, and more. Plus, access millions of websites such as YouTube, Facebook, and Reddit with browsers like Silk and Firefox.
- Launch and control content with the included Alexa Voice Remote. Simply say, “Play Game of Thrones” or “Launch Netflix” and Alexa will respond instantly. Plus, play music, find movie showtimes, order a pizza, and more—just ask.

## Echo (2nd Generation) – Charcoal Fabric



- All-new Echo (2nd Gen) has a new speaker, new design, and is available in a range of styles



including fabrics and wood veneers. Echo connects to Alexa to play music, make calls, set music alarms and timers, ask questions, control smart home devices, and more—instantly.

- Just ask for a song, artist, or genre from Amazon Music, Spotify, Pandora, and more. With multi-room music, you can play music on compatible Echo devices in different rooms. Echo can also play audiobooks, radio stations, news briefs, and more.
- Call or message almost anyone hands-free with your Echo device. Also, instantly connect to other Echo devices in your home using just your voice.
- The new speaker, now with Dolby processing for crisp vocals and dynamic bass response. Echo can fill the room with 360° omnidirectional audio.
- With seven microphones, beamforming technology, and noise cancellation, Echo hears you from any direction—even while music is playing
- Just ask Alexa to check your calendar, weather, traffic, and sports scores manage to-do and shopping lists, control your compatible smart lights, thermostats, garage doors, sprinklers, and more
- Alexa is always getting smarter and adding new features and skills. Just ask Alexa to control your TV, request an Uber, order a pizza, and more.