Face Reading Learn what your face has to say

The Power of Face Reading your face never lies

This post is about one of the most fascinating subjects I have studied. When I lived in China I was introduced to Face Reading and any time I could I will go to learn from the readers Wow, it is like they know your whole story. A well tuned professional face reader, can describe you and your ancestors so well that it may make you feel that he or she has been involved in your life on a daily basis. It is amazing. The accuracy and finesse of the system.
You may know someone whom people adore. Most likely this person isn’t wrinkle free and doesn’t have perfect features.

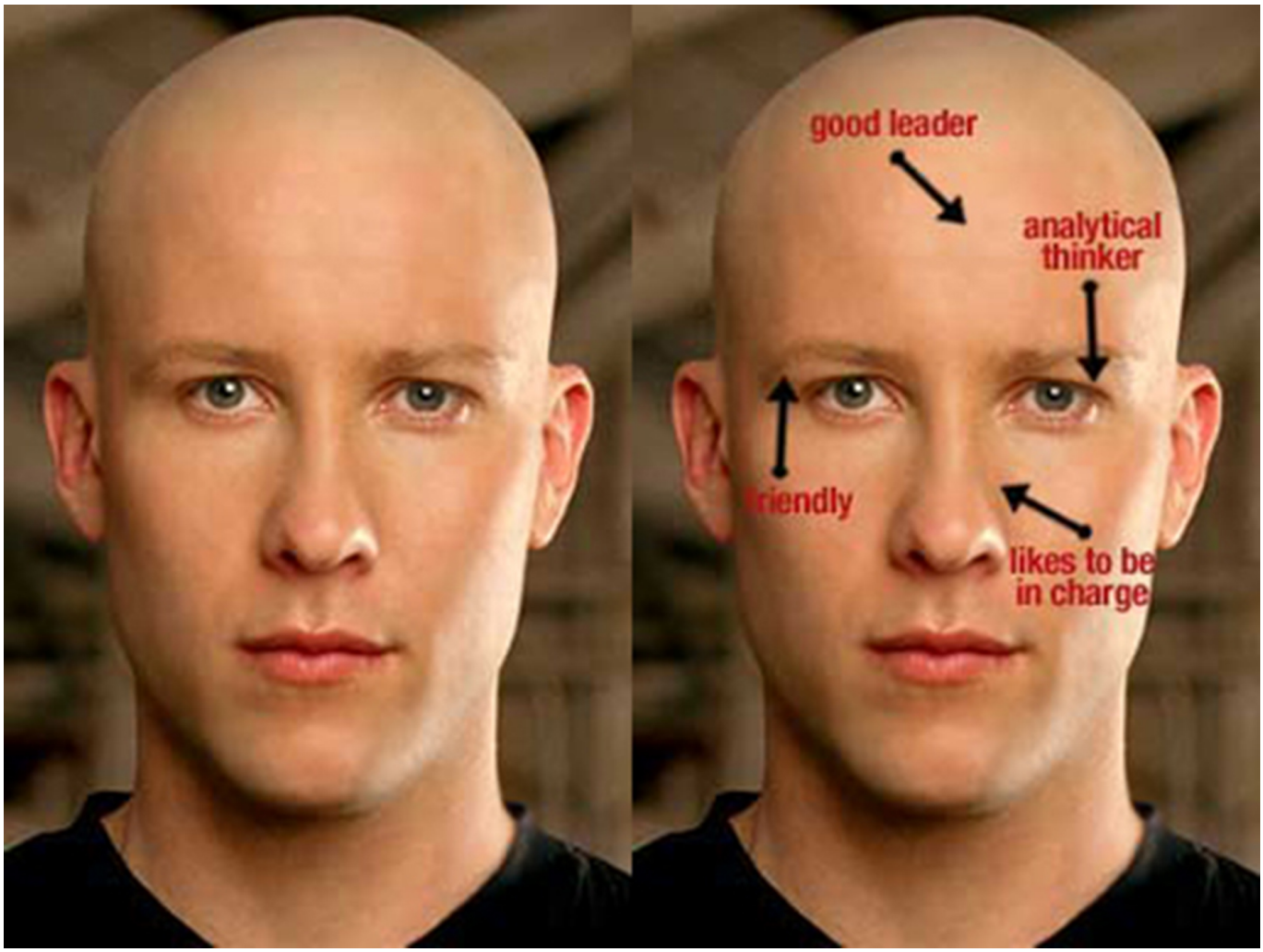


She was a perfect sample of the radiance, kindness and compasion that read through her beauty.

Yet when he or she walks into a room, everyone’s heart just soars. What they are responding to is the information that radiates out from that individuals face and body language. When people are living according to their true nature, everyone finds them beautiful.

With that being said, here we are posting a few facts about face reading there is so much more to it, we will continue to share with you in the future, here you can research more than the post with the links provided.

What certain areas of the face mean

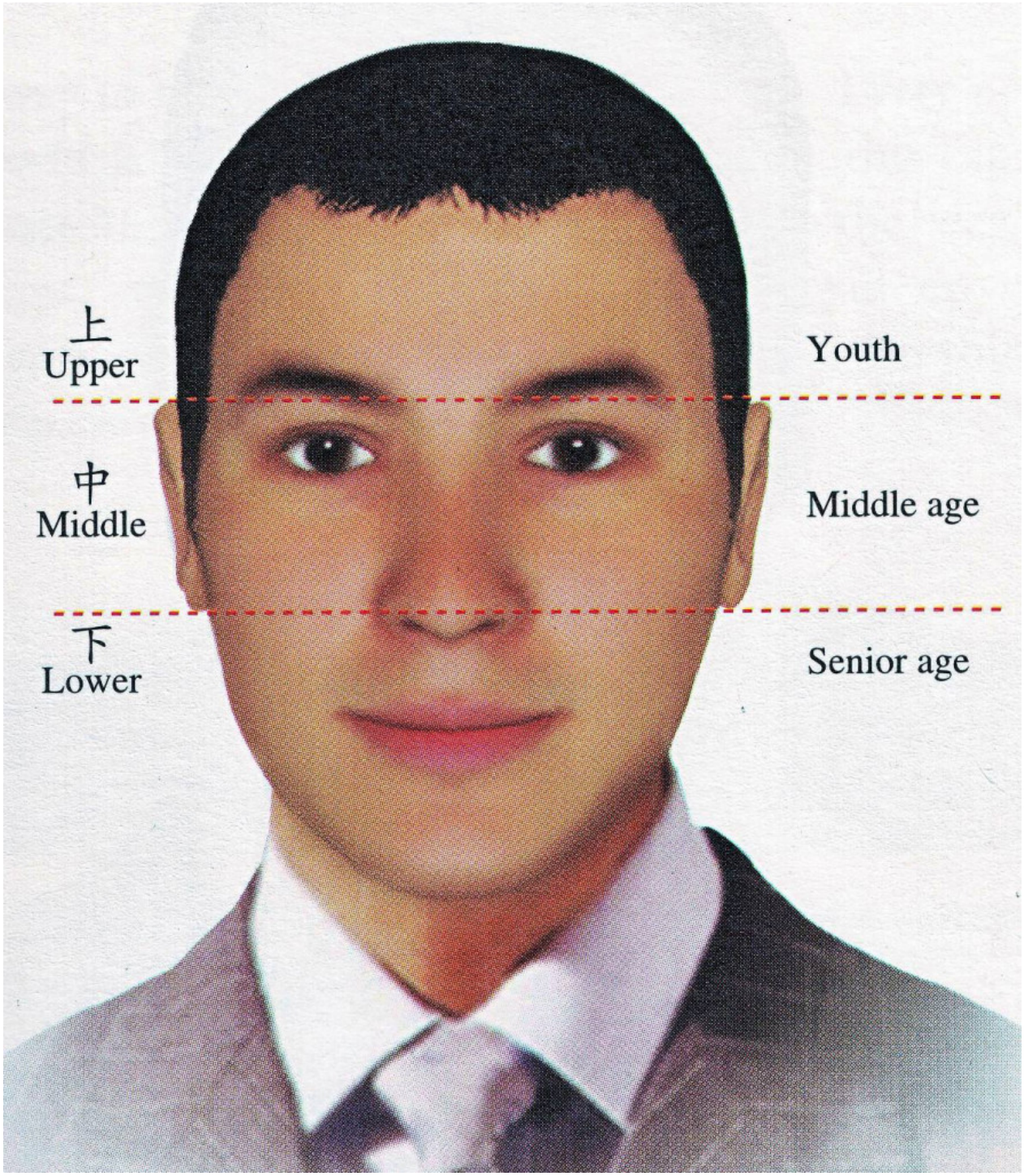


From http://english.eastday.com

Chinese face reading is as relevant today as it was in the past and its use is cross-cultural. We all have a blend of elements and all faces reflect part of nature pattern. Face reading first appeared in China during the 6th century BC, possibly as the specialty of magic it was not affiliated to any religion. It is thought that they were probably Taoist shamans from rural areas such as Szechwan who specialized in

non-traditional deviational arts. By 220 BC, the art of face reading was established in Chinese life and classic treatises, such as the Golden Scissors and Bamboo Chronicles, were written at this time.

There were also professional face readers during this time that combined the roles of priest, astrologer and counselor. They were well-educated men with great compassion for human frailty. The Chinese understood the concept that the face represents the energies, health and fortune of a person and they wished to live in harmony with these, and with the prevailing energies of the five elements, yin and yang, and the seasons. This wisdom has seen a huge resurgence in the West during the past 20 years with the growth of acupuncture, Chinese herbal medicine, Feng Shui and Qi Gong.


上
Upper
Youth
中
Middle
Middle age
下
Lower
Senior age

The Principles of Face Reading: Chart from The Joey Yap Store

The starting principles of face reading are the cosmic energies of the five elements and yin and yang. The elements are symbols and represent qualities of energy within each person that are reflected in the face. An elaborate physical, psychological and emotional profile can be built up, incorporating the energies of the features, the life points of the face, the three divisions from top to bottom (forehead, mid face and lower face) which show the nervous, circulatory and digestive systems and the facial zones which represent the internal organs.

Each face is a map of the past, present and future. The past would be described as our inherited constitution, our mother's pregnancy, our childhood and adolescence, with either difficulties or support in the family, and our early years as we start out in the world. The present reflects our health at the time of the reading. This is something we create ourselves. Coco Chanel said: Inappropriate diet, persistent negative emotions, drugs, toxins and stress all contribute to lines, congestion, and colors on the face.

The facial zones affected are related to the internal organs under stress. In the same way that the feet are a microcosm of the whole in Reflexology, so the face shows the inner health status and the person behind the persona. The future is not predestined in Chinese philosophy: acts of compassion can lengthen one's life, and taking greater care with health can resolve possible future symptoms. Sometimes destiny and the ups and downs of life can be improved by facial surgery? Correcting squints helps one's fortunes during the years 35-40. However, nose jobs, which expose the nostrils and

shorten the nose can affect the end of the 40s.

Here are some examples of various shapes and qualities of face reading:

What Eye Shapes Mean



One White Eyes
Center-focused eyes. Grandfather was someone of authority. Does not bode well for physical health, especially the heart.



Lower Three White Eyes
Belong to celebrities or those with social standing. Tend to be snobbish and arrogant. Are afraid of heights, and prone to legal disputes.



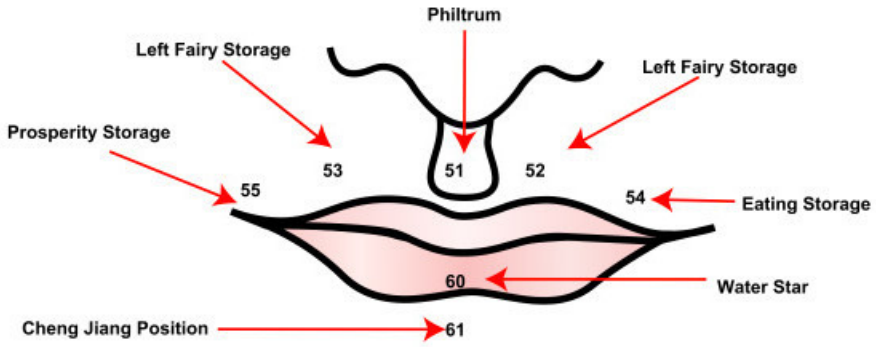
Big Eyes
Typically passionate characters, generous and not calculative. Proactive and easily adaptable, and more in tune with the senses.



Big and Round Eyes
Have expressive talents. Tend to trust people easily, and typically easy communicators who constantly need love.

What Mouth Shapes Mean

Mouth 嘴





Wide Mouth
Ability to make money no matter where one ends up. They are usually happy-go-lucky and popular, but may tend to lack direction in life.



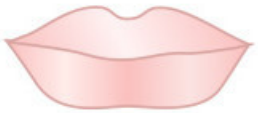
Small Mouth
Generally good-hearted people, but rarely happy. They tend to be amicable and have many friends, but may whine or complain a lot.



Upper Lips Thick / Protruding
Indicates a personality that feels a need to be wanted and loved by others. Sentimental in nature, and place greater value over emotional bonding than physical love



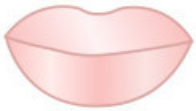
Lower Lips Thick / Protruding
Indicates a strong character that is independent and self-reliant. A tendency to be self-motivated, and values physical gratification over emotional love.



Thick Lips
This indicates a person of passionate temperament. They tend to be adoring, demonstrative, and enthusiastic when in love.



Square Mouth
Typically a lucky individual who can find success and happiness in all areas of life. Usually an honest and levelheaded personality, and liked by all.



Round Mouth
Indicates a personality with no hidden agenda, and content with what they have. Prone to constant worries, and generally lack a sense of security.



Reverse Boat Mouth
Typically a solitary nature, and may be sad and morose. Lack affinity with friends and loved ones. May also be stingy when it comes to money matters.



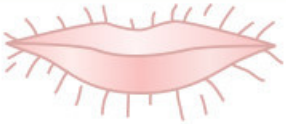
Pearl in the Sea
The 'Pearl' indicates a person who likes to argue, and always argues to win. Good at debating and articulating an argument.



Smiling Mouth
Typically belongs to happy people who are grateful for what they have in life. Clever and straightforward, and also indicates a creative or artistic nature.

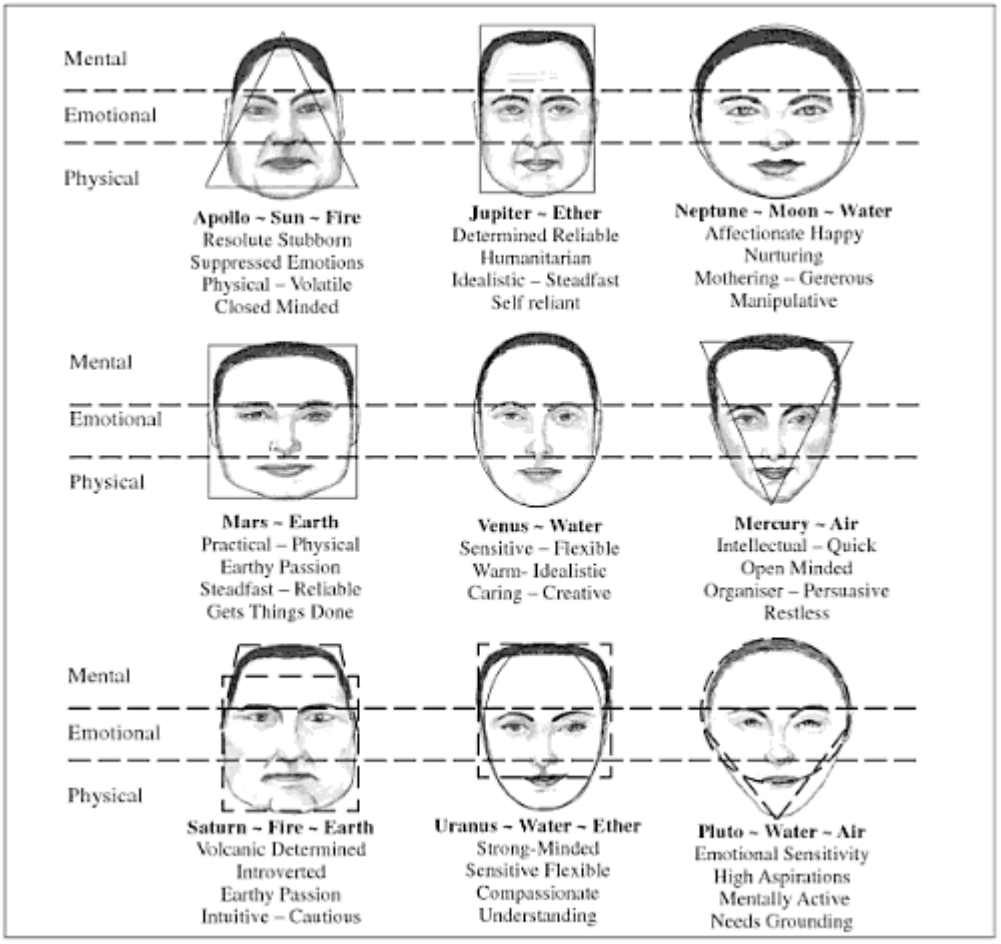


Crooked Lips
May have a wagging tongue, and a tendency to be scheming and wily in relationships. Will take advantage of superiors.



Lined Mouth
The lines that appear on a mouth aren't good lines – they are indicators and harbingers of loneliness. May live to an old, lonely age.

What Face Shapes Mean



Charts from The Joey Yap Store

Round Face: They are known as water-shaped faced people. They have plump and fleshy face. They are known to be sensitive and caring. They are thought to have strong sexual fantasies. If you are looking forward for a long-term, stable relationship,

these people will prove to be the right choice.

Oblong Face: The long, thin face is called the wood-shape face. These people may have a muscular or athletic physique. They are thought to be practical, methodical and tend to be a tad more overworked. They are weighed along with narcissism and may have problematic relationships.

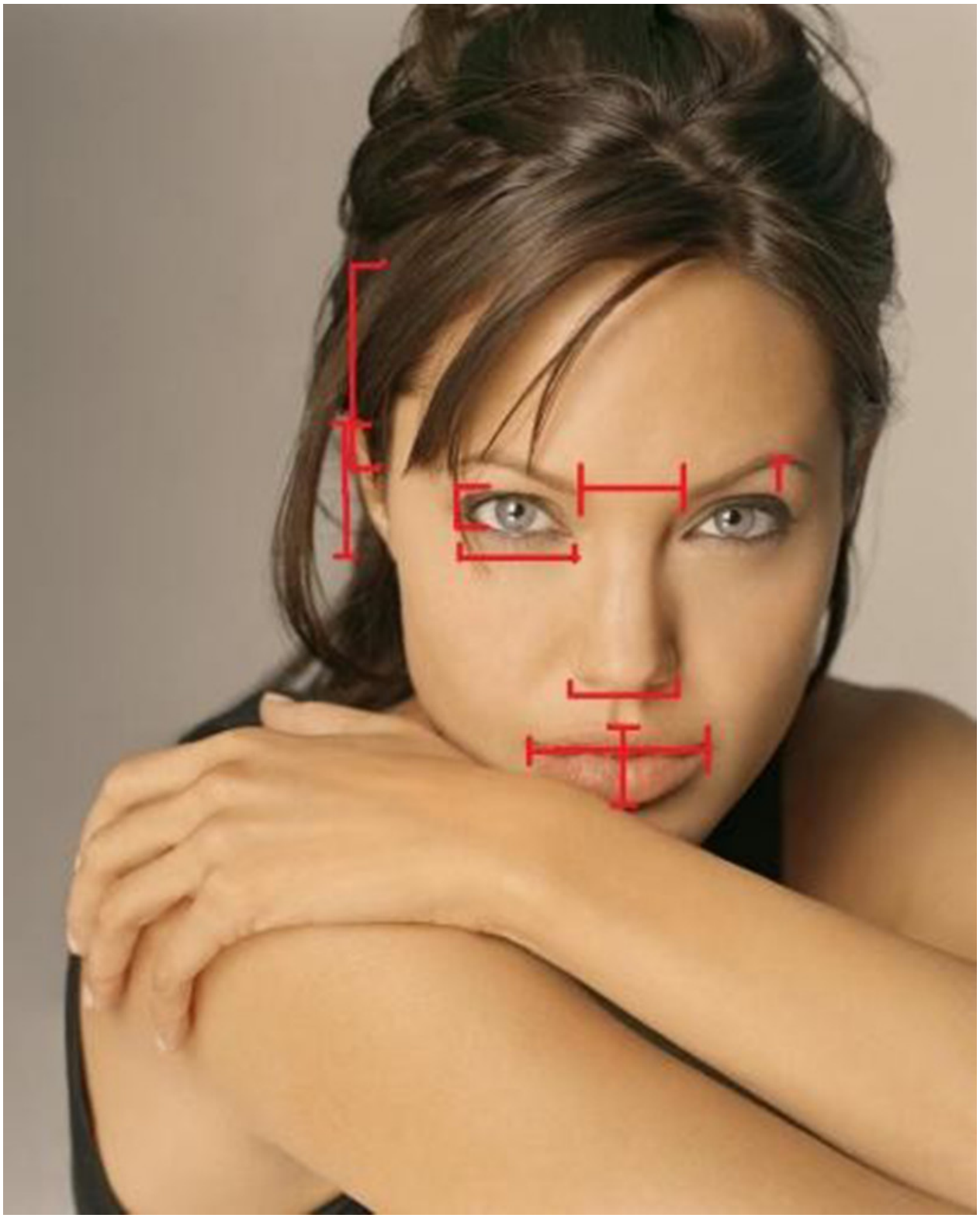
Triangular Face: These face types are usually related to a thin body and intellectual persuasion. They are considered to be creative and thought to have a fiery temperament according to the Chinese face readers.

Square: They are known as the metal shape face. These people are thought to have an intelligent, analytical and decisive mind. The face shape is associated with an aggressive and dominating nature.

Rectangular Face: signals some variety: they tend to dominate but with less force, often they get their way in politics, business, sports, being always balanced, sometimes ambitious, sometimes melancholic.

Oval: expresses a character somewhat balanced, sweet, charming even, in which case those individuals are often best diplomats, but also able to duplicate, women are often best artists. Sometimes they can be dangerous, but temperamentally are weak, often they are weaker in physical strength, sometimes underactive.

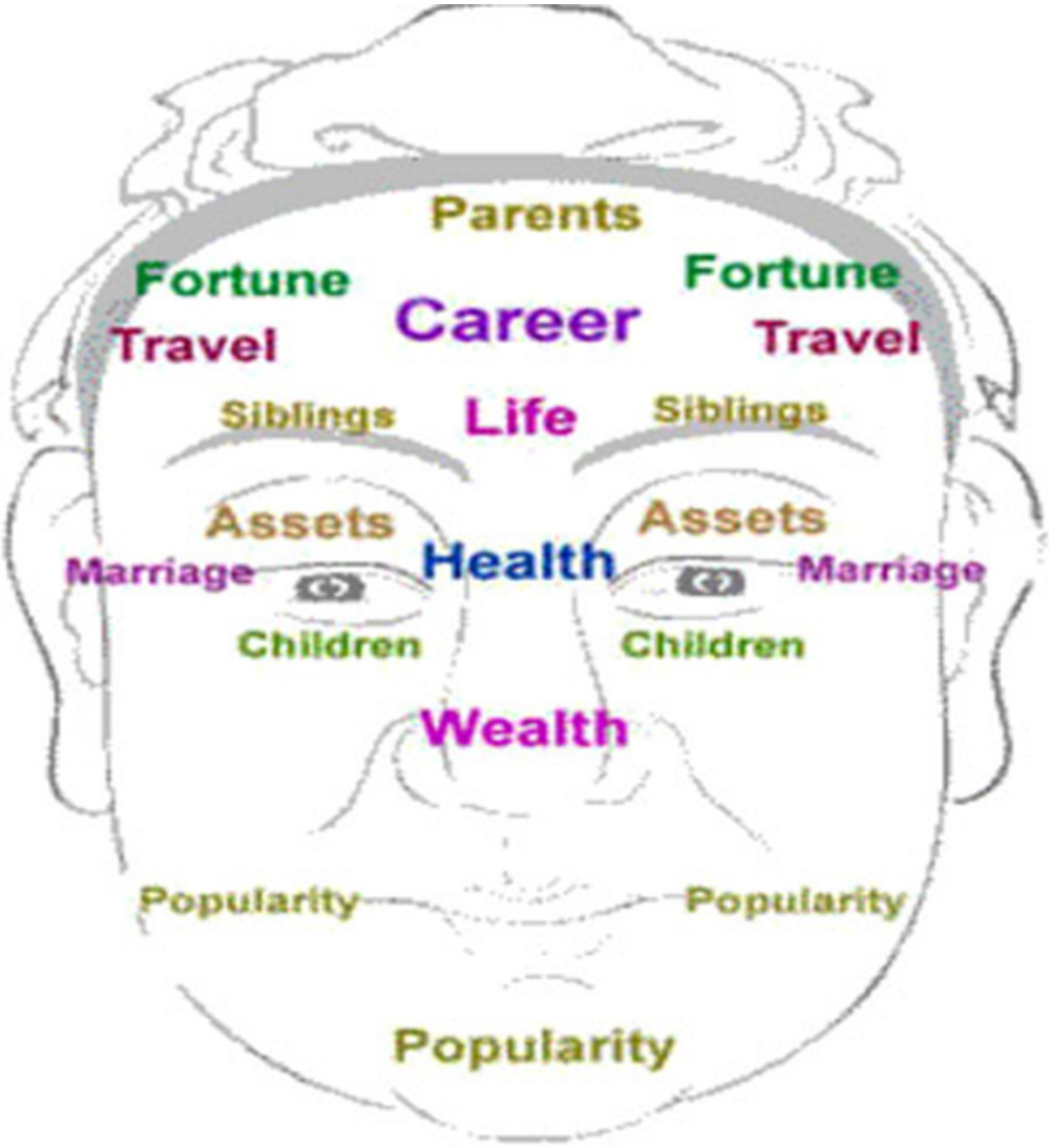
Balance and proportion are important in face reading



Balance and proportion are important in face reading, as in Chinese paintings. There are needs for harmony between the mountains (the yang element, represented in the face by the bones) and the rivers, (the yin element which is the soft tissue). Although a face may be considered beautiful by society, in face reading terms it may be too yin (upturned nose, large wide mouth, eyes too far apart, thin eyebrows). Many models have this look. In our language we have many expressions to describe character traits: pay through the nose, two faced, keeping one's nose clean, chinless wonder? We may have forgotten how these came into a language in the first place, the mouth relates to communication, and the chin signifies determination, ambition and practicality among other traits . So, face reading can be used to sum up a person's energies, to get a health read-out, to assess character,fortune and other a tributes to help gain self knowledge and to plan for good health.

There are numerous ways to read a face in Chinese physiognomy: 3 Quarters, 8 Trigrams, 108 Spots, examining the shapes, the colors, the wrinkles and the moles, just to name a few. A master of face reader usually employs the combination of several techniques to gain multiple perspectives and perform cross-examination.

Following is a brief introduction to the 12 Houses method.



1. Fortune House (Fude Gong)

It gives an overview of your general fortune trend. An ideal Fortune House should be round, full and smooth with no

visible marks, lines or scars. Flaws in these areas reflect challenges in your life, which can be in the form of poor health, distressful relationships or money troubles.

2. Parents House (Fumu Gong)

It is associated with Heaven Luck; in this regard its state is quite a testimony to the situation that your parents were in

and your relationship with them. A forehead that is wide, round and shinning speaks of a good family inheritance, a comfortable upbringing and early achievement, while a small, bony or disfigured one illustrates an uneasy childhood.

3. Career House (Guanlu Gong)

Again, being broad, round and smooth is the basic criteria to identify a good Career House. If on the top of that, you also

have prominent cheekbones and protruding eyebrows, you shall have a great chance to achieve a great success in your chosen field.

4. House of Travel (Qianyi Gong)

If it is in any way disfigured with scars or deep lines, you might be better off sating put. Furthermore, jobs or businesses involving transportation, tourism or import/export are, understandably, not your best choice.

5. Life House (Ming Gong)

The key to your fortune is deposited here. Naturally, being smooth and shinny is ideal, which suggests a trouble-free life

journey. If it is receded, dimpled or scared; or there are permanent horizontal lines between the brows; or eyebrows meet in the middle, you may face a bumping road ahead.

6. House of Siblings (Xiongdi Gong)

Eyebrows and the areas directly above them represent and it also oversees your relationship with your friends and

colleagues. The state of your hair has a direct connection to the physical conditions of your parents at the time when you were conceived, which means it has a lot to do with your genetic make-ups. Brows that are dark, thick, long, smooth, orderly and located high above eyes indicate a healthy hormone level that gives rise to affection, calmness and courage. If they look sparse, thin, pale, short, or chaotic, or too close to eyes, or marked with a scar, you could be tormented by your own physical or emotional states.

7. Assets House (Tianzhai Gong)

Your eyes portray your intelligence and temperament, and the very quality of these dispositions plays important role in your asset acquisition endeavor. Good Asset Houses are constituted with eyes that are long with large pupils and clear whites, and up-eyelids that are broad and full. Recessed or narrow eyelids exhibit impatience. If the whites are colored with red streaks, and worse, if the streaks pass through a pupil, you should brave yourself for challenges in reference to your financial concernes.

8. House of Marriage (Qiqie Gong)

Being full and smooth in appearance indicates a happy marriage. A receded House however rings a bell on extra marital

affairs. If the area bears visible spots, scars, black moles or messy lines, your marriage could have challenges due to some unscrupulous conduct.

9. House of Children (Ernu Gong)

This area is closely related to cerebellum and also governs your love and sex life, so again, being full and round is better than being flat or receded. Dim moles or slant lines across the area are especially undesirable, suggesting some challenges regarding your own sex life or your children's future development.

10. Health House (Jie Going)

If the House is broken or marked with horizontal lines, or if it is stained with spots, marks or discoloration, you shall pay extra attention to your health, especially your digestive system.

11. Wealth House (Caibo Gong)

A nose that has high and straight bridge, big and round tip, full and fleshy wings, and invisible nostrils, not only indicates sound physical health, a positive mental attitude, also denotes success in career and abundance in wealth. On the other hand, a nose that is low, or crooked, pointed, or narrow, bony, or with contoured bridge, upturned tip, visible nostrils, reveal a problematic personality, a troublesome financial situation or a difficult career path. If blood vessels are clearly visible, or a dim blue color tones the surface, pay attention to blood pressure and heart health. When a nose turns bloody red, which is dubbed Fire in Lounge in Chinese physiognomy, it should be viewed as a to excessive warning sign

12. Popularity House (Nupu Going)

This House rules your relationship with your colleagues, subordinates or younger generations, and foretells your situation in your old age. When they are round and full, you can expect to enjoy your popularity among your followers.

But if it sharps off, or appears crooked or bony, you probably should reconsider your dream about being a politician. And what's more, you'd better prepare for self-support during old age.

Marks, spots, scars on, and even shapes of your face can change over time, meaning your fate can alter through the years. You can utilize your Man Power (your attitudes – good deeds, better learning and hard work) and the Earth Power (your environment – favorable Feng Shui) to neutralize the Heaven Power (your time of birth – what you have inherited from your parents and your previous lives). Ultimately, you are the real creator of your own fate. When you change your heart, you change your face; when you change your face, you change your fate.

More Face Reading will come in future posts stay tuned

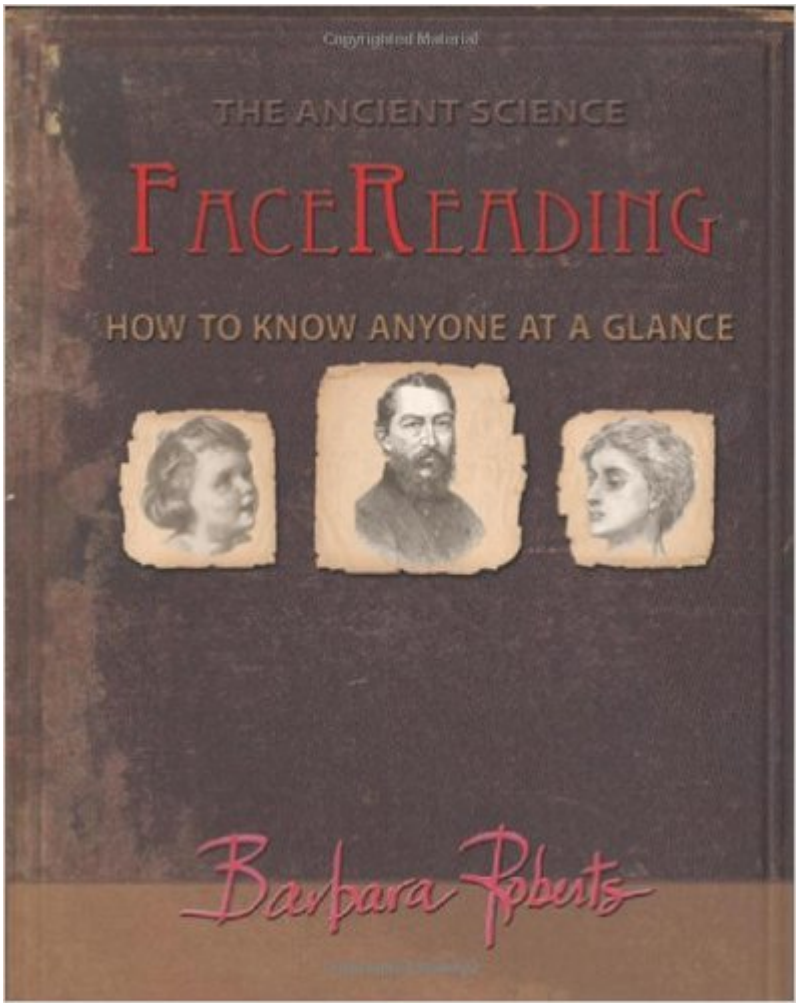
Face Reading part 1 by Joey Yap

Face Reading part 2 by Joey Yap

The CAREER your were BORN to do! by Barbara Roberts

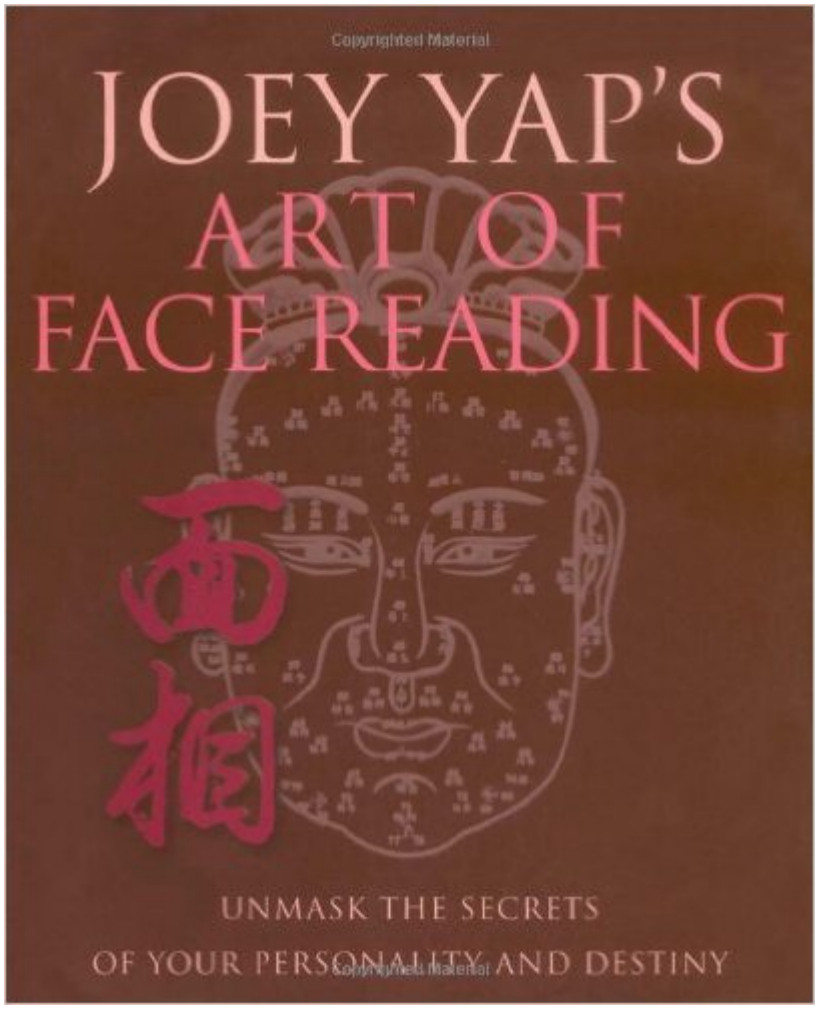
Face Reading – Eyes

How to Read Faces and Personalities



Face Reading: How to Know Anyone at a Glance

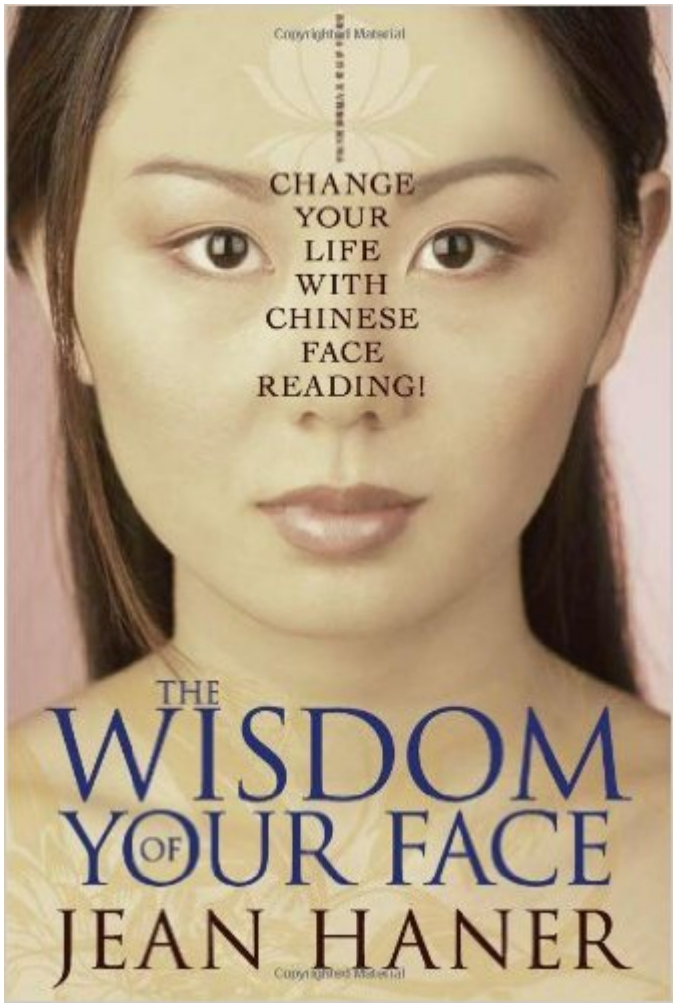
FACE READING WILL HELP YOU – Choose the Career you were born to do. Read your Boss's face. – Protect your children by knowing Dangerous features in strangers – Hire Smart! Know how to choose people of Destiny. – Date safely on the Internet. Avoid mistakes! – Gain insight about your Health or illness by using facial indicators. – Know the Secrets for effective managing and business strategy – Learn psychological meanings for over 100 Facial Features



Joey Yap's Art of Face Reading: Unmask the Secrets of Your Personality and Destiny

Chinese face-reading, or Mian Xiang, is a form of physiognomy, or the observation of appearances. This ancient technique reveals not only a person's true character, but also his or her fortune, luck and talents. "Joey Yap's Art of Face-Reading" is a brilliant introduction to this powerfully accurate art. In this illuminating guide, bestselling author and master trainer Joey Yap explains how the face is essentially a map of our destiny and luck. With detailed illustrations, he presents the '100-year map' of the face, or

the 100 points that govern a person’s fortune and luck from the age of 1 to 100. He also unlocks the areas of the face known as Officers and Palaces, which tell us about a person’s character, future challenges, obstacles and talents in life – along with other facial features such as moles, which Joey explains how to identify and interpret. With this guide, you will learn to use face-reading to examine your own life stages and destiny, and those of others, at a glance.



The Wisdom of Your Face: Change Your Life with Chinese Face Reading!

What if you could tell, just by looking at others, how they tend to think, feel, and behave? What if your partner's face revealed the best way to resolve any conflicts between you? And what if you could discover in your own face the wisdom that you need in order to be the best *you* you can be?

Based on the same ancient foundation as acupuncture and Chinese medicine, face reading has been in the "research and development" phase for over 3,000 years. When translated to make it meaningful for our Western lives, it's a powerful source of wisdom that we can all access. Chinese face reading shows you how to live your life in alignment with your own natural flow, find the life path that gives you joy, attract relationships that nurture you, and most of all, enable you to feel compassion for yourself and others. This book will forever change how you see yourself . . . and all the people in your life!



Keen Betty Boot II

The Betty Boot II is an essential winter boot that will keep you warm and ready for any snow fight!



Keen Galena Mid

Soles stay toasty warm, whether you are stepping out to grab the newspaper or kicking back fireside, when you’re in the Galena Mid boot from Keen®.